

TOURNAMENT REGULATIONS ITALY 2026

Player Check

- Before the start of the tournament, the responsible team official must submit to the tournament office the official list of players, including name, date of birth, and jersey number.
- All players must be in possession of an official identification document, which must be presented upon request at any time.
- Each player can only play for one team in each category for the entire duration of the tournament.
(EXAMPLE: AN U12 BOY CAN ALSO PLAY FOR THE U13 TEAM)
- The use of a player in more than one team will result in a forfeit loss for the team involved.

Game Table

Category	No. of Players	Offside	Substitutions	Throw-in
U14 to U19	11 vs 11	Regular	7	With hands
U12 / U13	9 vs 9	Applies only in the opponents' half, with a 13 m line from the goal. Offside is called if, at the moment of the pass, the player is closer to the goal than the second-last defender. No offside on throw-ins, corner kicks, or goal kicks.	Rolling substitutions: allowed at any time with no limit, at a stoppage of play and with referee or coach approval. All players must participate to ensure fair rotation and equal playing time. A substituted player may re-enter the match.	With hands
U10 / U11	7 vs 7	Not applied	Rolling substitutions: allowed at any time with no limit, at a stoppage of play and with referee or coach approval. All players must participate to ensure fair rotation and equal playing time. A substituted player may re-enter the match.	With feet
U8 / U9	5 vs 5	Not applied	Rolling substitutions: allowed at any time with no limit, at a stoppage of play and with referee or coach approval. All players must participate to ensure fair rotation and equal playing time. A substituted player may re-enter the match.	With feet

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Specific Rules – F9, F7 and F5

Category	Back-pass Rule	Penalty Kick	Goal Kick	Pressing on Goalkeeper
U12 / U13 (9v9)	The goalkeeper may not handle the ball when receiving it from a teammate via a foot pass or a throw-in. If this occurs, an indirect free kick is awarded from the spot of the infringement.	Taken from 9 meters from the goal line.	The goalkeeper restarts play with the feet from inside the penalty area. Opponents must remain outside the penalty area line (13 m) until the ball is in play (i.e. has left the area). The goalkeeper may play short passes to defenders but cannot be pressed until the ball leaves the area.	During goal kicks or build-up from the back, opponents must respect the “ no pressing rule ”: they may not enter the penalty area or press the goalkeeper until the ball is in play (i.e. has left the area).
U11 (7v7)	The goalkeeper may not handle the ball when receiving it from a teammate via a foot pass or a throw-in. If this occurs, an indirect free kick is awarded from the spot of the infringement.	Penalty not allowed, proceed with a free kick.	The goal kick is taken with the feet from inside the penalty area. Opponents must remain outside the area (10 m) until the ball is in play, meaning it has left the penalty area. If the ball does not leave the area, the goal kick is retaken .	During goal kicks or build-up from the back, opponents must respect the “ no pressing rule ”: they may not enter the penalty area or press the goalkeeper until the ball is in play (i.e. until it has left the area).
U8 / U9 (5v5)	The goalkeeper may receive the ball with hands and feet .	Penalty not allowed, proceed with a free kick.	The goal kick is taken with the feet from inside the penalty area. Opponents must remain outside the area (10 m) until the ball is in play. If the ball does not leave the area, the goal kick is retaken .	During goal kicks or build-up from the back, opponents must respect the “ no pressing rule ”: they may not enter the penalty area or press the goalkeeper until the ball is in play (i.e. until it has left the area).