

# TOURNAMENT REGULATIONS ITALY 2026

## Player Check

- Before the start of the tournament, the responsible team official must submit to the tournament office the official list of players, including name, date of birth, and jersey number.
- All players must be in possession of an official identification document, which must be presented upon request at any time.
- Each player can only play for one team in each category for the entire duration of the tournament.  
(EXAMPLE: AN U12 BOY CAN ALSO PLAY FOR THE U13 TEAM)
- The use of a player in more than one team will result in a forfeit loss for the team involved.

## Game Table

Category	No. of Players	Offside	Substitutions	Throw-in
U14 to U19	11 vs 11	Regular	7	With hands
U12 / U13	9 vs 9	Applies only in the opponents' half, with a 13 m line from the goal. Offside is called if, at the moment of the pass, the player is closer to the goal than the second-last defender. No offside on throw-ins, corner kicks, or goal kicks.	Rolling substitutions: allowed at any time with no limit, at a stoppage of play and with referee or coach approval. All players must participate to ensure fair rotation and equal playing time. A substituted player may re-enter the match.	With hands
U10 / U11	7 vs 7	Not applied	Rolling substitutions: allowed at any time with no limit, at a stoppage of play and with referee or coach approval. All players must participate to ensure fair rotation and equal playing time. A substituted player may re-enter the match.	With feet
U8 / U9	5 vs 5	Not applied	Rolling substitutions: allowed at any time with no limit, at a stoppage of play and with referee or coach approval. All players must participate to ensure fair rotation and equal playing time. A substituted player may re-enter the match.	With feet

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## Specific Rules – F9, F7 and F5

Category	Back-pass Rule	Penalty Kick	Goal Kick	Pressing on Goalkeeper
<b>U12 / U13 (9v9)</b>	The goalkeeper may <b>not handle the ball</b> when receiving it from a teammate via a foot pass or a throw-in. If this occurs, an <b>indirect free kick</b> is awarded from the spot of the infringement.	Taken from <b>9 meters</b> from the goal line.	The goalkeeper restarts play <b>with the feet</b> from inside the penalty area. Opponents must remain <b>outside the penalty area line (13 m)</b> until the ball is in play (i.e. has left the area). The goalkeeper may play short passes to defenders but <b>cannot be pressed</b> until the ball leaves the area.	During goal kicks or build-up from the back, opponents must respect the “ <b>no pressing rule</b> ”: they may not enter the penalty area or press the goalkeeper until the ball is in play (i.e. has left the area).
<b>U11 (7v7)</b>	The goalkeeper may <b>not handle the ball</b> when receiving it from a teammate via a foot pass or a throw-in. If this occurs, an <b>indirect free kick</b> is awarded from the spot of the infringement.	Penalty not allowed, proceed with a free kick.	The goal kick is taken <b>with the feet</b> from inside the penalty area. Opponents must remain <b>outside the area (10 m)</b> until the ball is in play, meaning it has left the penalty area. If the ball does not leave the area, the goal kick is <b>retaken</b> .	During goal kicks or build-up from the back, opponents must respect the “ <b>no pressing rule</b> ”: they may not enter the penalty area or press the goalkeeper until the ball is in play (i.e. until it has left the area).
<b>U8 / U9 (5v5)</b>	The goalkeeper may receive the ball <b>with hands and feet</b> .	Penalty not allowed, proceed with a free kick.	The goal kick is taken <b>with the feet</b> from inside the penalty area. Opponents must remain <b>outside the area (10 m)</b> until the ball is in play. If the ball does not leave the area, the goal kick is <b>retaken</b> .	During goal kicks or build-up from the back, opponents must respect the “ <b>no pressing rule</b> ”: they may not enter the penalty area or press the goalkeeper until the ball is in play (i.e. until it has left the area).